

A woman with grey hair, wearing a dark blue tank top and leggings, is sitting in a lotus position on a polished wooden floor. She is smiling and looking at the camera. Her hands are clasped together in front of her, holding her feet. The background is a long, brightly lit hallway with yellow walls and white columns. The floor is made of large, polished wooden tiles. The overall atmosphere is warm and serene.

*Susanna Finocchi*

ASTANGA ROMA